FREDERICK COUNTY COMMISSION ON AGING MINUTES DEPARTMENT OF AGING March 11, 2013

COA MEMBERS	DOA STAFF	EXCUSED	UNEXCUSED	GUESTS
Rae Ann Butler	Linda McGinnes	Hermine Bernstein		Jane King, JPI
Ernell Graham	Sue Ramsburg			Paula Dressel, JPI
David Gray, Comm	Pat Rosensteel			Bill Moseley
Millard Haines	Carolyn True			Gail Wingate
Carol Krimm, Alderman				Steve Bruns
Louise Lynch				
Mary Rice				
Debra Savageau				
Virginia Skelley				
Steve Wilhide				
Dan Yeeles				

- I. Call to Order RaeAnn Butler called the meeting to order at 1:00pm.
- II. Welcome & Introductions RaeAnn welcomed all attendees.
- **III. Action on the Agenda –** There are no additions to the agenda.
- IV. Approval of Minutes The minutes of the February 11, 2013 meeting were not approved as written. RaeAnn and Louise will make some revisions and send out for review and approval at the April meeting.
- V. Commissioner's Report Based on a suggestion by Alderman Krimm at last month's meeting, Commissioner Gray spoke with Robin

Santangelo, Public Information Officer regarding utilizing the County Channel to increase awareness of this Commission. The Channel 19 schedule would allow for broadcast of this meeting. Downtown parking would be something to consider, however the parking deck is available across the street. He suggested that a majority of seniors would be home during this time. RaeAnn will contact Robin this week to explore the possibility of next month's meeting being televised from Winchester Hall. There was a suggestion to have a specific information topic or event promoted at the end of the meeting.

Alderman's Report – Alderman Krimm announced that the Planning Commission is meeting tonight to discuss the site plan for CCRC/MAL. This site plan is regarding severing a portion of the lot from the main campus. The Planning Commission has limited power and can do nothing to halt the potential sale of these facilities. She is not discouraging attendance, however she does not want citizens to come to the meeting with misguided expectations. The Planning Commission will meet tonight at 6:00 pm at City Hall. There were two public notices regarding this proposal of two pieces of property that would be carved out from the main campus.

Mission Moment, Linda McGinnes – Linda McGinnes is the Coordinator for the Frederick Senior Center. She distributed the March schedule for this center. The center is very busy. It is a good day when the parking lot is full. There is a variety of exercise classes offered. The majority of these classes pay for themselves. There are several Institute for Learning in Retirement (ILR) classes held here. There are groups which meet to play cards. Recently added was a group from the deaf community who meet here monthly. Also recently added is a monthly "Doctor in the House" evening program which includes a light meal. There will soon be the addition of a café type menu. The menu offered will be different from the current congregate meal. There are two distinct groups that utilize the facility. The younger active seniors use the center to attend exercise classes. The older seniors come in for the meal program and accompanying activity. Typically they do not mingle.

VI. Nomination Committee – Membership Presentation and Status Update, Millard Haines – There are currently three candidates for membership. They are Bill Mosley, Irene Blum Packer and Ken Berlin. There will be an interview for another candidate this Thursday. Bill Mosley was present at today's meeting and gave a straightforward explanation of his interest in becoming a member of this Commission. Millard gave some background information on Irene and Ken. Mr. Mosley was excused from the meeting so that voting could take place. Dan made a motion that Bill Mosley be recommended to the BoCC as a member of the Commission. Millard seconded the motion. All were

in favor. Dan made a motion that Ken Berlin be recommended to the BoCC as member of the Commission. Steve seconded the motion. All were in favor. Dan made a motion that Irene Blum Packer be recommended to the BoCC as a member of the Commission. Millard seconded the motion. All were in favor. Millard will forward all recommendations to Joyce Grossnickle for presentation to the BoCC,

Friends of MoW Outreach – Gail Wingate – Gail Wingate is the current President of the Friends of MoW and she attended the meeting seeking assistance with the fundraising efforts and promotion. Gail, Pat Rosensteel, Carolyn, and Commissioner Young met this morning to discuss promotion of this 501(c)(3). The plan is to reach out to local businesses with eliminating the wait list as the primary goal. There are some upcoming fundraising efforts supported by Tranquility on March 27th and Edenton on April 6th. A grant application to United Way has been recently submitted. Steve suggested that Gail contact Hermine Bernstein who has public relations background. Gail has many ideas to implement but lacks the manpower and time.

Aging Needs Assessment Update - Carolyn True, Jane King, JPI -Jane King and Paula Dressel are here today from JPI (Just Partners, Incorporated). JPI will be facilitating the Needs Assessment. Jane will be the Project Lead. The approach for this project will be collaborative. It will be dependent on the input of many entities. They will be reviewing Census data as well as data with regard to the county and the state. They will need to utilize the knowledge, insight, and networks of the CoA members. Research has been started. They will be working with the International City/ County Managers Association. One of the first priorities is to develop a survey. The target group will include senior's age 50-80, consumers who are currently using some senior services, and baby boomers. There should be a draft of the Needs Assessment available in June, 2013. Jane is available to the CoA for any questions or complications. Some suggested complications are hidden populations and language barriers. All avenues of publicity should be used to reach a large audience. There was some discussion on the best way to get the surveys out to as many seniors as possible. Some suggestions are community leaders and service providers. It was recommended that the target also include the caregivers of seniors. Some seniors may be distrustful of these types of questions. Some of the anticipated needs in Frederick County are deterring isolation, healthcare, affordable care, housing, transportation, mental health services, and physicians who accept Medicare. The survey should highlight gaps in service as well as the strengths this county provides.

The Needs Assessment and updates will be added to the monthly agenda. Jane will keep in contact with RaeAnn as the process moves

forward. Commission members should review their networks and consider helping to distribute the survey by providing Carolyn and/or RaeAnn with a list of network contacts within two weeks. This information should be emailed to Carolyn or Sue. The survey should be ready by next month's meeting. If Commission members recognize other issues not discussed today, these should be sent to RaeAnn or Jane. It will be important to also consider future needs as well as current ones.

- VII. CCRC/MAL Sale/Lease Update RaeAnn Butler There was a little press following last month's meeting. The request for RFPs (request for proposal) ends tomorrow. A few companies have requested tours of the facilities. There has been no RFP for continued consulting management. If an RFP is approved, there would be a need for public hearing. Steve Bruns was present at today's meeting and spoke briefly about the legality of the proposed sale. The County Attorney has stated that the land is free to be sold. RaeAnn receives emails from Steve and she can forward to anyone who is interested. There is an uncertainty among the Board of Trustees regarding any specific action to pursue. They do continue to work hard at improving the financial operation of the facilities and the continuation of quality care for all residents.
- VIII. TSAC, Alderman Krimm This group has not met in the past month. There is some discourse at the state level in regards to transportation of dialysis patients. This group will meet this Friday.

State CoA, Louise Lynch – Louise was not present for this portion of today's meeting. No report.

Partners in Care, RaeAnn Butler – There is still a need for a liaison for this agency. There was a suggestion that perhaps one of the new members may be interested.

USM, Ginny Skelley – Ginny stated that the USM will meet next week. The Forum has been cancelled.

Adult Public Disabled Review Board, Mary Rice – This group met on March 4th. Fifteen cases were reviewed and all cases were found to be receiving appropriate services.

Maryland Access Point, Carolyn for Kathy Schey – MAP is moving forward with the Mobile I & A initiative. There has been a positive response at the centers. There will be an all day event in Emmitsburg on May 21st. This event came about via a suggestion from the local ministers and pastors. Kathy Schey will be attending the FMH "Speed Dating" version of Information and Assistance. She will have ten

Frederick County Commission on Aging 3/11/13

minutes to give information regarding our services. This is a great opportunity to provide information to nurse practitioners and physicians and other local agencies. There is a volunteer fair scheduled for April 5th at the Frederick Senior Center. Non-profits have been invited to display information regarding their volunteer needs in the community.

Director, Carolyn True –There will be a decrease in federal funds due the sequestration which could lead to a reduction in some of our programs. There could be more information available by the end of the week. Carolyn will share this information as soon as possible.

Marketing and advertising has started in regards to utilizing the grant fund for dental services. This funding will assist low income seniors, sixty and older, who are in need of emergency dental services. The grant ends on June 30. The hope is to apply for funding again to move forward with this initiative. This is a significant gap in service for local seniors. The University of Maryland Dental School has committed to having six to eight chairs in Frederick County in 2014.

- **IX.** Announcements, All There was a successful training held recently at Frederick Community College in regards to the needs of the older LGBT (Lesbian Gay Bisexual Transgender) population. It was well received and very interactive.
- **X. Adjournment –** The meeting adjourned at 2:50 pm.

Respectfully submitted,

Susan M. Ramsburg Recording Secretary

Upcoming Dates:

March 26, 2013. CoA Executive Committee meeting, 1:00 at Frederick County Dept of Aging

April 8, 2013, Commission on Aging, 1:00 at Frederick Senior Center, 1440 Taney Ave, Frederick, MD,